



the manual touch

PHYSICAL THERAPY



Providing individualized care for patients of all ages in need of rehabilitation, injury prevention and recovery solutions through traditional and non-traditional physical therapy.

Physical Therapy

Disorders Treated

- Chronic pain
- Back and foot pain
- Muscular strain
- Joint pain/arthritis
- Balance/vestibular
- Fibromyalgia
- Autoimmune disorders

Specialties

- Functional rehab/exercise
- Spinal and vestibular rehab
- Integrative Manual Therapy
- Cranial Therapy
- Myofascial release

Insurance Accepted

Various carries accepted

A licensed Physical Therapist, with over 25 years experience, as well as a Certified Integrative Manual Therapist



Denise Schwartz, PT, IMT, C
Founder and Owner

discover the source of persistent pain and slow healing.

A sensitive practitioner, Denise becomes a partner in patient care to return you to healthy functioning at the right pace.



(IMT) for over 15 years, Denise believes in a whole body approach to

Running

It demands a lot from the body. Both competitive and recreational runners all experience setbacks over time. The Manual Touch minimizes time away from the sport you love and gets you back on the road with a customized plan to achieve your goals. A runner herself, Denise has helped people of all ages and all abilities continue to enjoy the sport of running.

- ✓ Video Analysis
- ✓ Learn to Run seminar
- ✓ Injury prevention screening
- ✓ Shoe assessment
- ✓ Kinesiotaping

Keep your body moving the way you want, reach your fitness and competitive goals.

Sideline your injuries, not yourself.

LOCATION

325 N. Milwaukee Ave., Suite D
Wheeling, IL 60090

PHONE

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WEB

www.themanualtouch.com

HOURS

Client friendly and flexible hours-
call for appointment.